

Concussion Care Continuum: Mapping Publicly Funded Care Pathways within Toronto

Julie Osbelt¹, Evan Foster², Tharshini Chandra², Charissa Levy¹, Paul Comper^{2,3,4},
Matheus Wiest⁵, Judith Gargaro⁵, Mark Bayley^{2,3}

1. Toronto ABI Network.
2. Toronto Rehabilitation Institute, University Health Network (TRI-UHN).
3. Rehabilitation Sciences Institute, University of Toronto (UofT).
4. Faculty of Kinesiology and Physical Education, UofT.
5. KITE Research Institute, TRI-UHN.

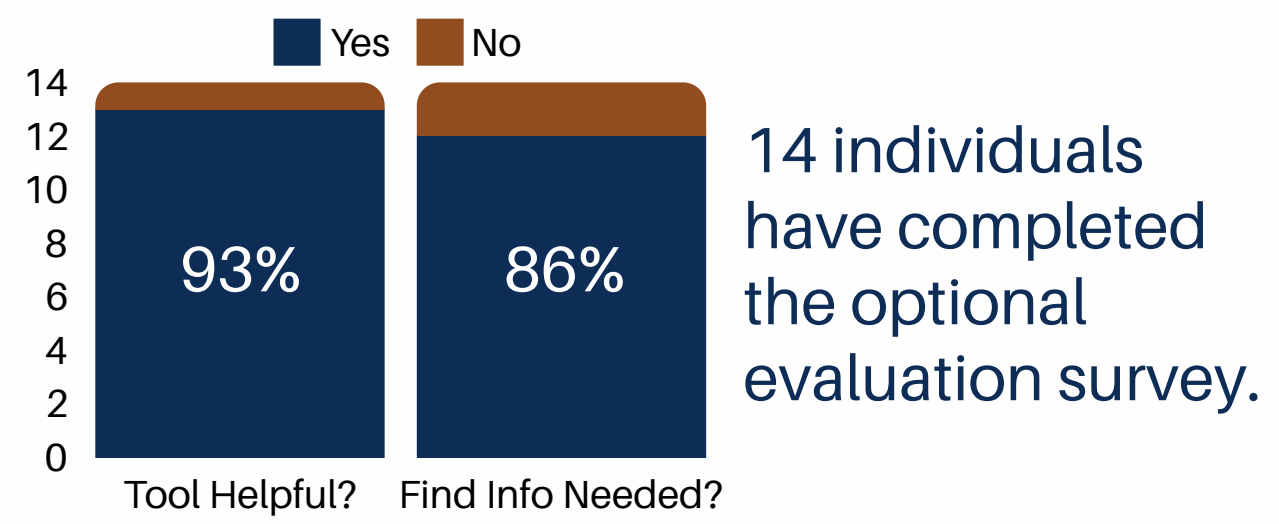


Purpose

More than 150,000 incidents of physician-diagnosed concussion are reported annually in Ontario¹. There are many clinics and resources in Toronto that are meant to support individuals with concussion, but there is no tool for patients, their caregivers, and health practitioners to use in order to find publicly funded, specialized concussion care.

Feedback

In the 6 weeks since the tool has been launched: 144 people have accessed the tool. 102 tool completions.



- Who is using the tool?
- Average age: 43.9 years
 - Average time post-injury: 68.9 days
 - Most common mechanisms:
 - Motor vehicle collision (37 cases)
 - Falls (26 cases)

"Participating on the Lived Experience Committee was so valuable. After so many years navigating this healthcare system, it felt very validating to contribute to something I know will make a meaningful difference for people with concussions in the future."
- Lived Experience Committee Member

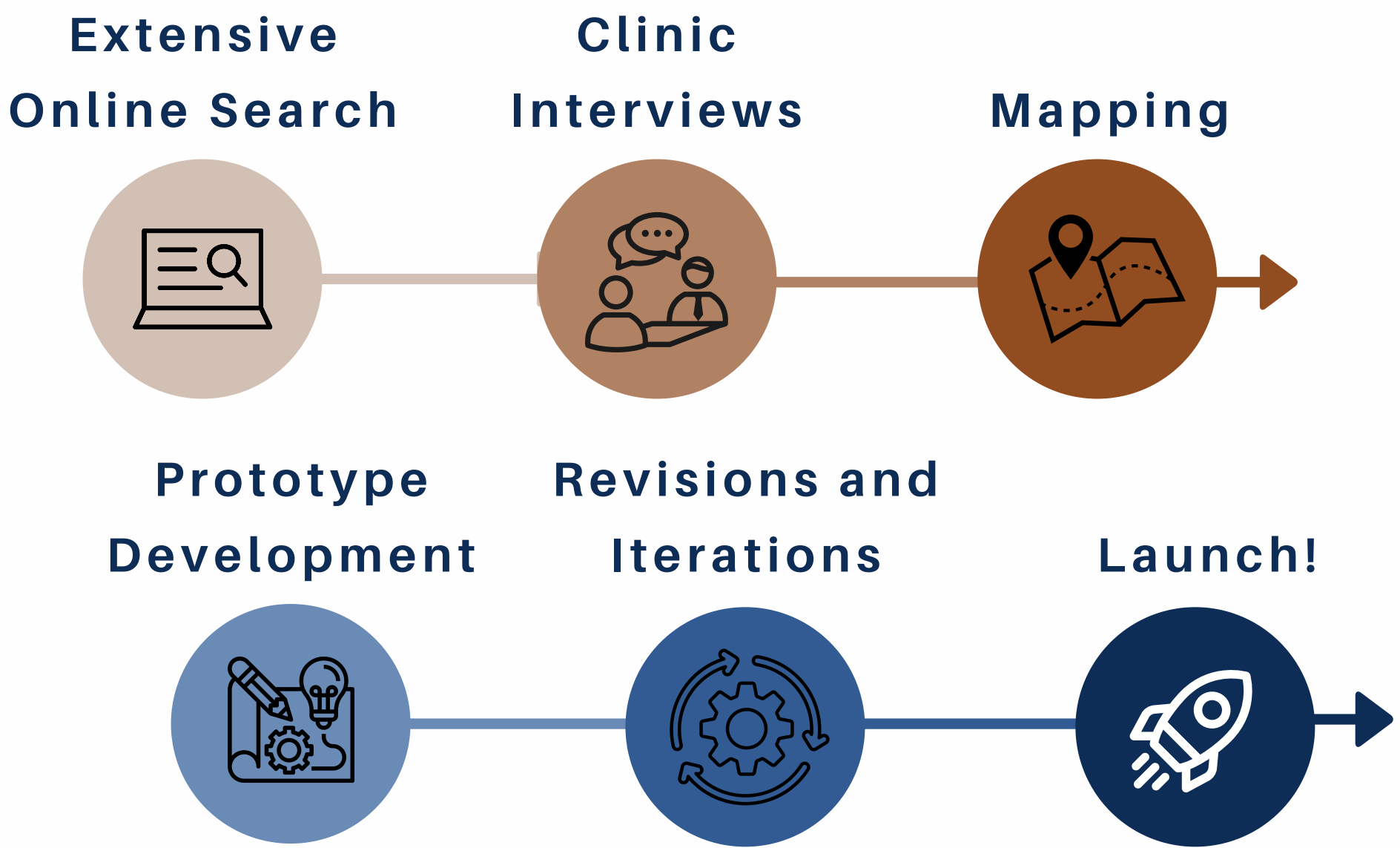
Outcome

Scan here to go to the Navigator!



<https://redcap.link/TOConcussionNavigation>

Methods



Contact: Julie.Osbelt@uhn.ca

Reference: ¹ Langer, L, et al., J Head Trauma Rehabil, 2020; E60-E66.